

## Duck Extended Day Notes



December is the month of holidays and lights. Along with literacy and new practical life works, we are planning on working on a variety of holiday crafts in the next few weeks. We will make pine cone and dove ornaments, peace book marks and books on children around the world. In our baking class, we will bake cinnamon rolls and gingerbread cookies using some flavorful ingredients. We will incorporate some peace poses into our yoga class.

As movement is limited in winter months, we will talk about the importance of indoor activities, frequent hand washing, healthy eating habits, and dressing up appropriately for winter.

We wish everyone a warm and cheerful holiday season.

“Peace is what every human being is craving for, and it can be brought about by humanity through the child” -Maria Montessori.